## ALL SAINTS' LIFE (PSHE/RSE) LEARNING JOURNEY

In LIFE, children build on 3 key concepts *Happy, Healthy and Safe* which are known as our knowledge gems. Each year children build their knowledge and skills from previous learning and collect knowledge gems and applied through our 'big ideas' lens. See LIFE curriculum plan for more details.



Families & people who care for me Caring relationships Respectful Relationships Online Relationships Being Safe Shared Responsibilities Communities
Digital Literacy & Media
Environment Money
Aspirations, Work & Career

Mental Wellbeing Internet Safety
Physical Health & Fitness Healthy Eating
Health & Prevention
Basic First Aid Changing Bodies





UKS2

Relationships

ps Living in the Wider World

Health & Wellbeing

YEAR SIX - DIAMOND



Mental Wellbeing Internet Safety
Physical Health & Fitness Healthy Eating
Health & Prevention
Basic First Aid Changing Bodies

Shared Responsibilities Communities
Digital Literacy & Media
Environment Money
Aspirations, Work & Career

Families & people who care for me
Caring relationships
Respectful Relationships
Online Relationships
Being Safe

**YEAR FIVE - AMETHYST** 

**Health & Wellbeing** 

Living in a Wider World

**Relationships** 

Shared Responsibilities Communities
Digital Literacy & Media
Environment Money
Aspirations, Work & Career

Mental Wellbeing Internet Safety
Physical Health & Fitness Healthy Eating
Health & Prevention
Basic First Aid Changing Bodies

Families & people who care for me Caring relationships Respectful Relationships Online Relationships Being Safe



Living in the Wider World

**Health & Wellbeing** 

Relationships

**YEAR FOUR – SAPPHIRE** 

LKS2

Families & people who care for me Caring relationships Respectful Relationships Online Relationships Being Safe

Mental Wellbeing Internet Safety
Physical Health & Fitness Healthy Eating
Health & Prevention
Basic First Aid Changing Bodies

Shared Responsibilities Communities
Digital Literacy & Media
Environment Money
Aspirations, Work & Career

YEAR THREE — EMERALD

Relationships

**Health & Wellbeing** 

Living in the Wider World

Online relationships — Internet safety
Rights and responsibilities
Communities Environment
Digital literacy and media
Aspirations, work and career

Families and people who care for me
Caring friendships Respectful relationships
Money
Internet Safety — digital literacy and media; online
relationships

Mental Wellbeing Internet Safety
Physical health and fitness
Healthy eating
Health and prevention
Basic First Aid Being Safe



Living in the Wider World

Relationships

**Health & Wellbeing** 

YEAR TWO - TOPAZ

KS1

Families & People Who Care for Me Caring Friendships Respectful Relationships Online Relationships Being Safe

Happy Healthy Safe
Shared Responsibilities
School Community
Environment, Media & Money

Happy Healthy Safe Mental Wellbeing
Health & Fitness
Healthy Eating
Our Bodies
Basic First Aid

YEAR ONE - AMBER

Relationships

Living in the Wider World

**Health & Wellbeing** 

In EYFS LIFE learning can be found all year around in Continuous Provision and child led learning.

Happy, Healthy, Safe
Building Relationships
Self Regulation
Managing Self





Living in the Wider World

Personal, Social & Emotional Development

Physical Development

EYFS - RUB